

# New Zealand Strength & Conditioning Accreditation

**FINALLY** a NZ strength & conditioning accreditation!

Aimed at championing the practical and people skills alongside the theoretical knowledge to assist S&C coaches to be better in their roles, and build a strong S&C community. The accreditation will bridge the gaps between these skill sets, encouraging competency and greater proficiency.

Assessments will include theory and practical components, workshops and seminars, with compulsory practical assessments and experience hours observed as part of the final requirements. As part of the membership there will be a professional code of conduct and ethics required to be signed, including clear processes and protocols. With a small requirement to 'give back' in some form as the coach progresses through the levels of accreditation.

There will be clear distinction between retaining accreditation and re-accreditation after a membership has lapsed. There will be 3 levels: L1 practitioner, L2 advanced practitioner, and L3 expert practitioner. The Founding Members for this exciting new accreditation include Nic Gill (All Blacks S&C Coach), Stephen Hotter (Head of S&C HPSNZ) and Keir Hanson (Head of Performance at NZ Netball)

## Inaugural Level 1 Courses Nationwide!

**Christchurch Waikato Auckland Dunedin Palmerston North**

**Course and Accreditation \$500**

**8:30am - 5pm Saturday & Sunday**

**Register online @**

**<https://sesnz.org.nz/>**

**Numbers are limited to 20**

For more information, email: [nzsc@sesnz.org.nz](mailto:nzsc@sesnz.org.nz)



**Benefits include:**

Networking opportunities

National accreditation

Become part of the NZ  
S&C Community

Reflective of NZ and it's  
culture

Annual SESNZ conference

Online content

Social Media updates