

## SEXIZ Continuing Professional Development (CPD)

## **Categories**

All of your claimable CPD activities must fit with the below categories:

Category 1: Further Education

Category 2: Presenting and Publication

Category 3: Self Education

Category 4: Community Service

Each category has a break up of applicable activities. Each activity lists:

- how many points are claimable
- what evidence you need to attach to the logbook

All accredited professionals need to accrue 20 points annually, inclusive of a minimum of 15 points is required in the Further Education category.

Category 1: Further Education (Minimum of 15 points required) Successful completion of professional development				
Activity	Points claimable	Evidence required		
Professional development (including face to face, webinars, assessed podcasts or online) provided by SESNZ or external providers.	As indicated on certificate	Certificate of completion listing your name, course name, points claimable and date of completion		
SESNZ conference attendance	10 points	Certificate of attendance listing your name, points claimable and date of attendance		
Other association conferences within your profession scope of practice.	1 point per learning hour (maximum of 15 points)	Certificate of completion listing your name, course name, learning hours and date of completion		
SESNZ workshops/seminars	5 points	Certificate of attendance listing your name, points claimable and date of attendance		
Other courses/seminars within your profession scope of practice	0.5 points per learning hour (maximum of 10 points claimable per workshop)	Certificate of completion listing your name, course name, learning hours and date of completion; plus, qualifications of presenter		
Participation in clinical in-services at workplace within your profession scope of practice i.e. specialists present to you and your colleagues at your workplace	1 point per learning hour (maximum of 5 points claimable)	Letter from employer listing your name, course name, course presenter, learning hours, date of completion and qualifications of presenter		
First Aid (including CPR)	3 points (claimable in the year you earn the certificate)	Statement of Attainment listing your name, and date of completion		
Cardiopulmonary Resuscitation	1 point (only claimable when not included in First Aid Course)	Statement of Attainment listing your name and date of completion		
Study within the scope of SESNZ professions practice at Level 7 or above (e.g. Bachelor's, Honours, Graduate Certificate, Graduate Diploma,	15 points for 30+ contact hours (maximum of 15 points)	Copy of student ID card, or academic transcript with completion date; and evidence of contact hours/study load (e.g. unit outline)		

Category 2: Presenting and Publication  Publishing an article, delivery of presentations				
Applicable for Activity	Points claimable	Evidence required		
Delivery of an SESNZ recognised workshop/seminar	1 point per learning hour	SESNZ certificate of presentation		
Full delivery of tertiary subject/ unit/course (Tutors/Lecturers only)	15 points for first learning 10 points for subsequent deliveries	Letter from employer listing course name/topic, learning hours		
Guest lecturer at tertiary studies	3 points per lecture (first delivery) 2 points per lecture (subsequent deliveries)	Copy of the course outline identifying you as lecturer		
Delivering other courses within the scope of practice	1 point per lecture	Copy of the course flyer identifying you as presenter		
Delivering relevant clinical in-services in the workplace within your profession scope of practice	3 points per in-service (first delivery) 2 points per in-service (subsequent deliveries)	Letter from employer listing course name/topic, learning hours and date of presentation		
Publishing in a relevant peer reviewed journal	10 points if primary author 5 points if other (In year of publication only)	Copy of the front page of journal and copy of abstract/article, listing authors & publication information including date of publication		
Publishing in a relevant non-peer reviewed media e.g. newsletter, newspaper	3 points if primary author (In year of publication only)	Copy of the front page of media and copy of abstract/article, listing authors & publication information including date of publication		
Publishing a textbook within your profession scope of practice	10 points if primary author 5 points if other (In year of publication only)	Copy of the front page of textbook listing authors, contents page & publication information including date of publication		
Podium or poster presentation at a conference relevant to the industry (within your profession scope of practice)	5 points if primary author	Copy of the front page of program/ proceedings and copy of abstract, listing authors		
Submission for funding / grants / pilot programs relevant to the  Peer review of a professionally relevant journal article	10 points if primary author 5 points if other 2 points	Copy of the front page of report listing authors  Letter from editor outlining your involvement		
Editor of a relevant journal	10 points per year	Copy of journal, listing you as editor		

Category 3: Self Education  Review of research publications, journal articles, editorials and text books				
Activity				
Reading of a relevant scientific	1 point per article	A copy of the first page or abstract		
article or chapter from a professional		showing the title and authors, with		
publication, that is within your		the following statement "I (first		
profession scope of practice		name, last name) acknowledge that I		
		have read this professional resource		
		in its entirety for educational		
		purposes" with date		
Listening to a relevant scientific	1 point per recording	A copy of the title page of the		
podcast or similar recording from a		recording or a tax invoice, showing		
professional body or education		the title and authors, with the		
supplier, that is within your		following statement "I		
profession scope of practice, where		(first name, last name) acknowledge		
an assessment or certificate is not		that I have read this professional		
provided		resource in its entirety for		
		educational purposes" with date		

## **Category 4: Community Service**

Student supervision, position on SESNZ committees/chapters/board, and promotion of the industry to the commu-

Applicable for	Points claimable	Evidence required
Activity		
40 – 100 hours face to face student	4 points	a letter from the graduate or tertiary
supervision (based on number of		organisation documenting the hours
hours you spend supervising, regard-		and nature of supervision
less of student numbers/hours)		
101 – 200 hours face to face student	6 points	a letter from the graduate or tertiary
supervision (based on number of		organisation documenting the hours
hours you spend supervising, regard-		and nature of supervision
201 – 300 hours face to face student	8 points	a letter from the graduate or tertiary
supervision (based on number of		organisation documenting the hours
hours you spend supervising, regard-		and nature of supervision
Chairperson or board member of	10 points	a copy of the meeting minutes
SESNZ		stating your position
A member of a non SESNZ com-	5 points per committee	a copy of the meeting minutes
mittee related to exercise and/or		stating your position
sports science		
(e.g. government, community organisation)		
Attendance at SESNZ National Annu-	2 points	a copy of the meeting minutes
al General Meeting		stating your attendance
Attendance at special interest group	1 point per meeting	a copy of the meeting minutes
meetings related to exercise and/or		stating your attendance
Relevant promotional activities (e.g.	2 points per activity	A letter from the conference/event
promoting SESNZ at a conference,		organiser stating your involvement
community event, allied health pro-		
fessional event, Primary		
Health Network)		