

# SESNZ

SPORT & EXERCISE SCIENCE

— NEW ZEALAND —

## Accredited Exercise Physiologist Accreditation Checklist

### Before You Apply

- Have a current First Aid Certificate
- Level 8 (Postgraduate) tertiary qualification with a focus on clinical exercise physiology or exercise prescription for special populations.
- 3 case-studies. Case Studies must be of clients you have personally worked with and have an intimate knowledge and experience of their condition(s) and subsequent exercise therapy.
- At least 360 hours of professional practice in the categories defined by SESNZ and identified in practical log books
- Filled out log book with 140 hours outlined for apparently healthy individuals **OR** are already accredited as a level 1 Registered Exercise and Sport Scientist
- Initial accreditation and assessment fee: \$300