SESNZ

SESNZ Conference, 25th-27th November 2020, University of Canterbury, Christchurch

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| Day One: Wednesday 25th November (K1 Lecture Theatre) | |
| 16:30 | Registration and refreshments |
| 18:00-19:00 | **Keynote Speaker: TBC** |

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| Day Two: Thursday 26th November (K1 Lecture Theatre) | | |
| 08:00-08:30 | Registration and refreshments | |
| 08.30-09:30 | **Keynote Speaker: Professor Thor Besier**, University of Auckland***,*** *Wearing Sensors in Biomechanics* | |
| Parallel Sessions | K1 Lecture Theatre | Strength & Conditioning Laboratory |
| 9:35 | Oral Presentations | John Wilson |
| 10:05 | John Wilson Olympic Lifting Masterclass |
| 10:30-11:00 | **Morning Tea** | |
| Parallel Sessions | K1 Lecture Theatre  (Oral Presentations) | Sport Science Laboratory |
| 11:00 | Oral Presentations TBC | Kyle Foster, *Load Carriage* |
| 11:30 | Devon Scott , *Neck Posterior Chain Considerations for Pilots* |
| 12:05 | **Invited Speaker: Stephen Hotter,** High Performance Sport NZ, *TBC* | |
| 12:45-14:00 | **Lunch (Poster Presentations)** | |
| 14:00 | Oral Presentations | |
| 15:30-16:00 | **Afternoon Tea** | |
| Parallel Sessions | K1 Lecture Theatre | Sport Science Laboratory |
| 16:00 | Japan Rugby preparation for Rugby world cup, Simon Jones | Oral Presentations |
| 17:00-18:00 | **Keynote Speaker:** **Professor Patria Hume**, Auckland University of Technology, *TBC* | |
| 1830 | **Evening Social Function - Kaiser Brew Garden**  Riverside Terrace (upstairs), 96 Oxford Terrace | |

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| Day Three: Friday 27th November (Kirkwood Lecture Theatre) | | |
| 08:30-09:00 | Registration and refreshments | |
| 09:00-10:00 | **Keynote Speaker: Professor Jim Cotter**, University of Otago***,*** *Exercise Fit for the Environment* | |
| 10:00-10:30 | **Morning Tea** | |
| Parallel Sessions | K1 Lecture Theatre | Strength & Conditioning Laboratory |
| 10:30 | SOBI Symposium Chair: Patria Hume | *Developing a Successful S&C Environment- Simon Thomas* |
| 11:40 | Oral Presentations | S&C Workshop with Angus Ross, *The science and practice of eccentric training* |
| 12:30-13:30 | **Lunch & AGM** | |
| 13:30-  14:30 | **Keynote Speaker:** **Professor Rich Masters**, Auckland University of Waikato, *Recruiting the Cognitive Unconscious for Better Performance in Sport* | |
| 14:30 | Closing | |