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\*Type of file: Oral or Poster

\*Emerging researcher? Yes/No

\*Student or Full Time Employment? *If student, which degree studying for?*

\*Abstract discipline (Closest match): Anatomy & Phys., Biomechanics, Coaching, Ex. Phys., Ex. Sci., Health, Perf. Analysis, Phys. Activity, Sport Psych., Sports Med., Sport Sci., Strength & Conditioning.

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\*Authors and co-authors: *Please list all (including the presenter) co-authors (surname and initial – ie. Smith, E.) in correct order and with a number preceding their name for the institution (ie. 1Smith, E; 2Ahuriri, A; etc.)*

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