

SESNZ

SPORT & EXERCISE SCIENCE

- NEW ZEALAND -

*Fostering Excellence in Sports and Exercise through
evidence-based practice*



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Annual Conference
27th - 29th November 2019
Palmerston North

Opening Speaker

Professor Emeritus Gary Hermansson

Keynote Speakers

David Howman CNZM

Chair Of The Board Of Directors at Athletics
Integrity Unit (IAAF)

Research Associate Professor Jason Lee
Yong Loo Lin - School of Medicine, National
University of Singapore

Distinguished Professor Aaron Coutts
University of Technology Sydney

Dr Andy Cooke
Bangor University Wales

Sign up for the SESNZ annual conference

Registration still available

Students: \$120, Members: \$240, Non-
members \$360

Abstract submissions open until 31 October

Register as a sponsor

www.sesnz.org.nz

Student Sub-committee representatives at each university:

Michaela Townshend – University of
Canterbury (MSc)

Ed Maunder – Auckland University of
Technology (PhD Candidate)

Katie Schofield – University of Waikato
(PhD Candidate)

Stephen Fenemor – University of
Waikato (PhD Candidate)

The student sub-committee have
discussed the AESSP accreditation and
would like further details around this,
so:

After completing an exercise science
or similar degree, and 140 hours of
practical work with apparently healthy
individuals you are eligible to apply for
the level 1 registration in exercise and
sport science (RESS).

From here you can head towards a
level 2 accreditation by completing
post-graduate studies in sports
nutrition, mental skills, biomechanics,
sport and exercise physiology and
performance analysis, along with 360
hours of practical work within your
chosen discipline. You are then eligible
to apply for the Level 2 AESSP
accreditation in your field.

For any queries please contact:

Accreditation@sesnz.org.nz

A note from SESNZ Chair Nick Draper

As this newsletter arrives in your inbox
there will be less than one month to get
your abstract in for the SESNZ 2019
Annual Conference! Get writing (!), we
look forward to receiving your abstract
before 31st October 2019. It will,
however, be great to see you there,
whether you are presenting or not at
our Palmerston North Conference
location (27th – 29th November
2019). We have some excellent
international speakers joining us and
I know their presentations will be worth
the registration fee alone, so we very
much hope you will join us there.

The debate surrounding over-
specialisation and falling participation
levels in youth sport has featured in the
news frequently in the past couple of
months, and is perhaps something we
at SESNZ, given our focus on evidence-
based practice, should address. I would
be very interested to hear from
members who would like to contribute
to an SESNZ position statement on this
topic or to work on collaborative
research in this area to support the
work of HPSNZ and Sport NZ.

Next month we will update you further
on new developments for the New
Zealand Journal of Sport and Exercise
science. Please keep sending in papers
for review for inclusion in the
Journal. Editors Professor Rich Masters
and Matt Driller will be very pleased to
receive your work.

Best wishes,

Nick

