# Abstract Template

**Abstract title: (Times New Roman 12-point, Bold)**

Authors and co-authors: *Please list all (including the presenter first in* ***bold****) co-authors (surname and initial – ie. Smith, E.) in correct order and with a number preceding their name for the institution (ie. 1Smith, E; 2Ahuriri, A; etc.)*

Institution(s): *Please list the correct institution(s) for each author (ie. 1University of Canterbury; 2University of Waikato etc.)*

Abstract: *Please keep your abstract to a maximum of 250 words with at least one sentence for each of the following sentences –* ***Introduction, Method, Results, Discussion, Take home message****. Please write using Times New Roman size 11 font and do not include references in the text.*

References: *Please list up to a maximum of 5 references relating to the study and abstract.*

# Additional Information

\*Presenter name:

\*E-mail:

\*Phone:

\*Type of file: Oral or Poster

\*Emerging researcher? Yes/No

\*Student or Full Time Employment? *If student, which degree studying for?*

\*Abstract discipline (Closest match): physiology, psychology, biomechanics, nutrition, coaching, physical activity/health, sports medicine, strength and conditioning

Additional information: *If you have additional information to pass on, please add it here.*