

SPORT & EXERCISE SCIENCE NEW ZEALAND ANNUAL CONFERENCE

SESNZ
SPORT & EXERCISE SCIENCE
— NEW ZEALAND —



Dates

26th-27th October 2018

Location

University of Otago
Dunedin, New Zealand

Conference Streams

High Performance Sport Clinical Exercise Physiology Sports Nutrition

Keynote Speakers

Professor John Hawley is a world-renowned researcher on the interaction of exercise and diet on the regulation of fat and carbohydrate metabolism. He has published over 220 scientific manuscripts, is an Associate Editor for *Diabetologia*.

Professor Kathryn Schmitz is Professor of Epidemiology at Penn State University College of Medicine and is the author of more than 180 articles and was a member of the ACSM Planning Committee Roundtable on Exercise and Cancer guidelines.

Dr Shona Halson is the Senior Recovery Physiologist at the Australian Institute of Sport and an Associate Editor of the *International Journal of Sports Physiology and Performance*. Former Recovery Centre Director for the Australian Olympic Committee.

Professor Rachael Taylor is Director of the Edgar Diabetes and Obesity Research Centre, and theme leader of the Healthy Weight stream of A Better Start, the National Science Challenge aimed at improving health and wellbeing in New Zealand tamariki/children.

Associate Professor Debra Waters is the Director of Gerontology Research at Otago University and the Deputy Director of the Ageing Well NSC. Her area of expertise is in body composition and physical function during ageing and community-based exercise interventions in older individuals.

Hosted by

The School of Physical Education, Sport and Exercise Sciences and the Department of Human Nutrition, University of Otago.

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